

Honesty

Resources

Compiled by Barbara Pratt from submissions from members of:
<http://groups.yahoo.com/group/fhe4children/>
September 13, 2002

Honesty Lesson

From: Barbara Pratt

Opening Song: "Jesus Loved the Little Children" (CS, 59) OR
"Jesus Once Was a Little Child" (CS, 55)

Opening Prayer:

Scripture: Alma 27:27 "...They were perfectly honest and upright in all things..."

LESSON AND ACTIVITIES

Use the flannel board story figures in the Friend, August 2000, The Army of Helaman: How Can "My Gospel Standards" Help Me Keep My Baptismal Covenant? and tell the story. Talk about the "Army of Helaman" found in Alma 53:10-22. Read (Alma 53:20-21).

Honesty Train

Make different cars for the train for yourself (you can make some for each child to have). Write the letters H-O-N-E-S-T-Y on each car (or have your child do it by themselves). Have the child place the cars in the correct order to spell the word (younger children need help).

Resources to find train templates:

<http://www.dltk-kids.com/crafts/transportation/mtrain.html>

<http://www.thebestkidsbooksite.com/craftdetails.cfm?TopicID=354> (train template, caboose, and train car)

To be honest means to tell the truth. We should not lie, cheat, or steal (take things that don't belong to you). For younger children, give examples of how they can be honest with you. Let older children tell you and give you an example of them being honest in their lives. Use the flannel figure of a boy returning some money to a man in the airport found in: the Friend, August 2000, The Army of Helaman: How Can "My Gospel Standards" Help Me Keep My Baptismal Covenant?.

Button Button, Who Has The Button?

This is played with more than three people. Sit in a circle on the floor. Pass the button (make sure you don't let anyone see you have it) to another person's cup shaped hands. The person drops it in someone's hands. At the end say, "Button button, who has the button?" Tell them they need to be honest (tell the truth) when you ask them. (...) do you have the button?

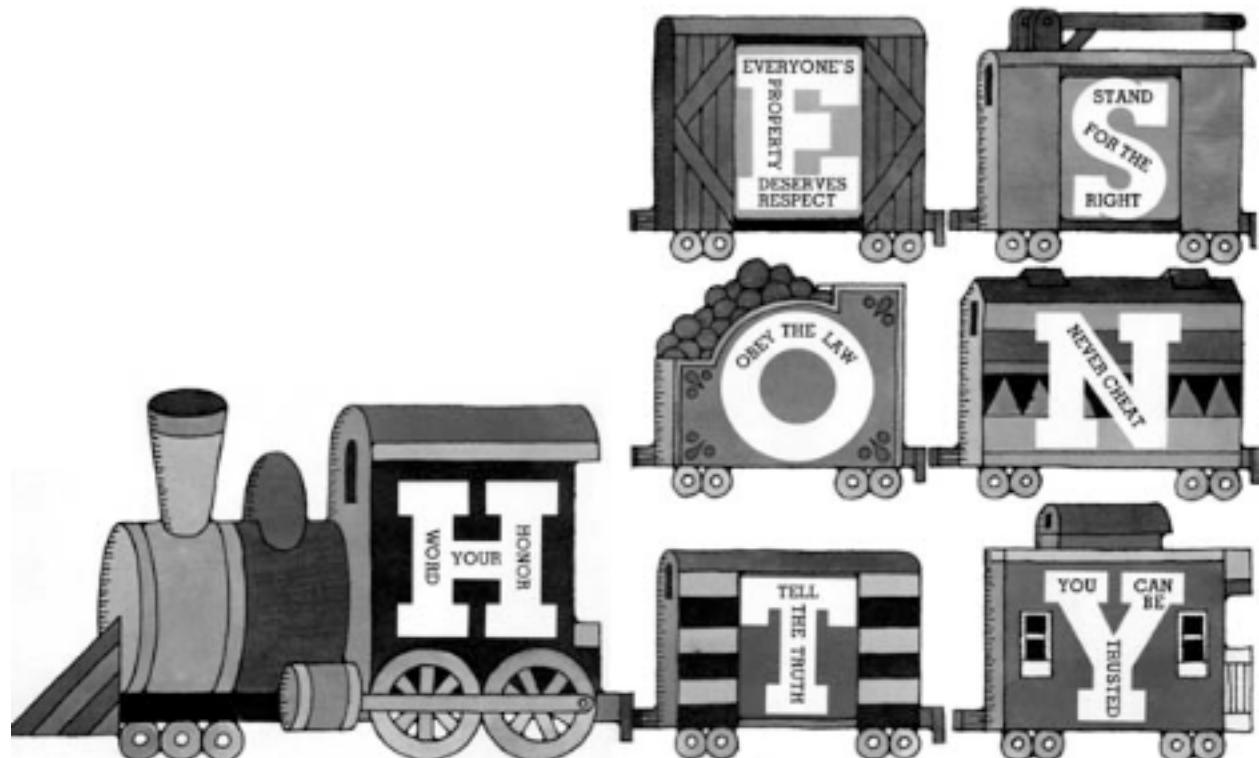
Lesson Option For Older Children:
Sharing Time: Be Honest

By Pat Graham
Friend, Jan. 1987, 40

They were perfectly honest and upright in all things (Alma 27:27).

Being honest means many things. The dictionary suggests that an honest person will not lie, cheat, or steal. Some words associated with honesty are honorable, truthful, fair, trustworthy, and genuine. You are on the right track to happiness if you practice being honest.

Instructions: Cut out locomotive and cars. Put them in order to spell honesty. As you put each car in place, think of something that you have done or can do that would be an example of principle written on car.



The Army of Helaman: How Can “My Gospel Standards” Help Me Keep My Baptismal Covenant?

Friend, Aug. 2000, 34

And hereby we do know that we know him, if we keep his commandments (1 John. 2:3).

The sons of Mosiah, great Book of Mormon missionaries, converted many Lamanites to the gospel of Jesus Christ. This group of Lamanites had been a wicked, murderous people, and now they wanted to show Heavenly Father that they were sorry for their past sins. So they made a covenant with Him that they would never again shed the blood of another man, and they buried their weapons.

A group of wicked Lamanites wanted to start a war with these converts. Because the righteous, who now called themselves Anti-Nephi-Lehies, had promised not to fight anymore, the Nephites who were defending them were being killed. The Anti-Nephi-Lehies wanted to help the Nephites but were persuaded to not break their covenant. Their sons, however, had been too young to make the covenant. Under the leadership of Helaman, these two thousand sons went to battle against the wicked Lamanites.

These young warriors are described as “exceedingly valiant for courage, and also for strength and activity; but behold, this was not all—they were men who were true at all times in whatsoever thing they were entrusted.

“Yea, they were men of truth and soberness, for they had been taught to keep the commandments of God and to walk uprightly before him.” (Alma 53:20-21.)

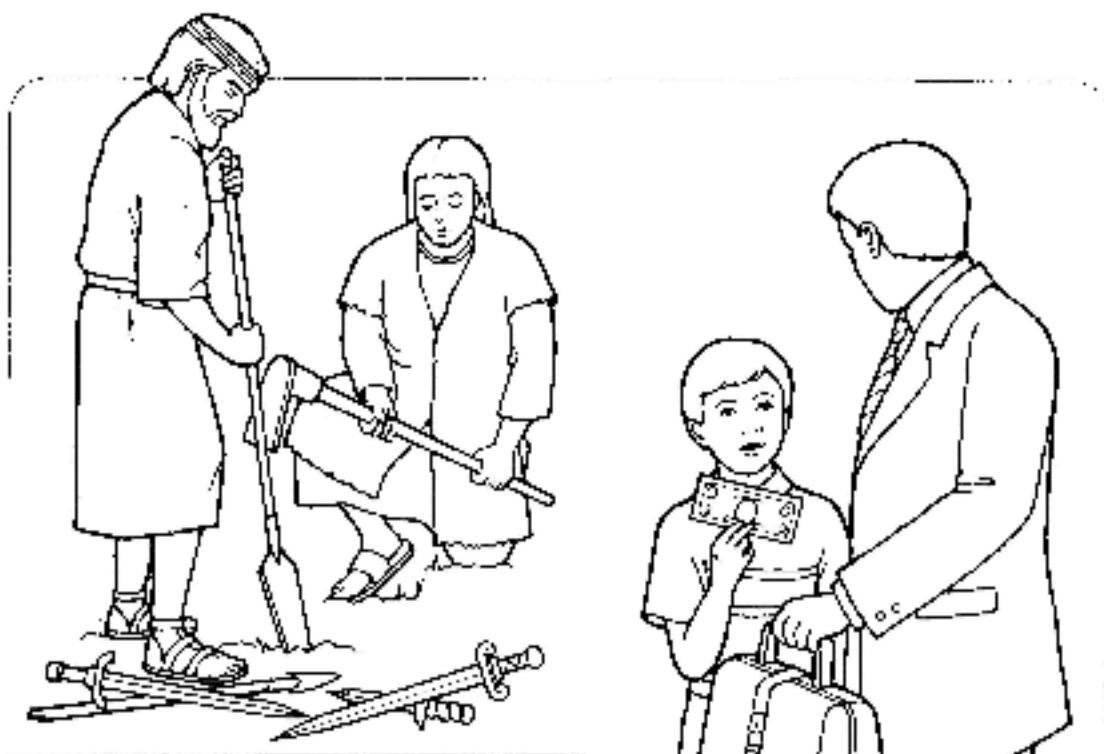
Because of the righteousness and integrity that the two thousand young men displayed, the Lord watched over them and kept them safe. They were able to fight for the liberty of their people, and not one of them was killed.

Just as those young warriors were rewarded for being righteous, we will also be blessed for being honest in all our dealings and remaining pure.

Although seven-year-old Caylen Craven of Pawhuska, Oklahoma, has not ever had to go to war, he is a “stripling warrior” because he has learned how to be honest, too. One day while walking through the airport with his family, he saw a man in front of him accidentally drop some money. Even though he is normally very shy around strangers, Caylen ran to pick up the money and return it to its owner.

Caylen’s mother wrote, “We were thankful that his first reaction was to do the right and honest thing, that he didn’t even think about keeping the dollar.”

Color the flannel-board figures, then mount them on heavy paper. Cut them out and use them to retell the story “The Army of Helaman.”



Color the flannel-board figures, then mount them on heavy paper. Cut them out and use them to retell the story "The Army of Heaman." A picture of the August "Stop and Renew Your Standards" sign from the "I Will Make and Keep My Baptismal Covenant" poster (see *Friend*, January 2000 insert) is hidden elsewhere in this issue of the *Friend*. See if you can find it.



The Army of Heaman: How Can "My Gospel Standards" Help Me Keep My Baptismal Covenant?
Friend August 2000, 35

CLOSING SONG: "I Believe in Being Honest" (CS, 149)

CLOSING PRAYER:

REFRESHMENTS:

Here is a refreshment idea from Deborah (when we did this topic in 2001).

Tangled Web

"Oh what a tangled web we weave when first we practice to deceive."

Cookie Spider

Take an oreo cookie, and pull it apart, place 3 red licorice ropes for the legs, and use two red hots for the eyes, by placing them on with white frosting, and put the above saying with the cookie.

My Refreshment Idea:

Cupcake or Cookie Spider

Make chocolate or chocolate (or plain if you want brown spiders) oatmeal cookies or chocolate cupcakes. If you like, you can have the children frost their cookie or cupcake. Have them put 8 pretzel sticks in the cookie or cupcake (for the legs) and place chocolate chips, raisins, broken up pretzels, etc. for the eyes in (or on) the cookie or cupcake.

Soft Oatmeal Cookies

1/2 cup shortening
1/4 cup margarine
2 cups all-purpose flour
1/2 cup packed brown sugar
1/2 cup sugar
2 eggs
1 teaspoon baking powder
1/4 teaspoon baking soda
1 teaspoon vanilla
1/4 cup water or rice/soy/cow's milk
1/2 teaspoon ground cinnamon
1 3/4 cups rolled oats
1/2 cup raisins or chocolate chips (optional)

Cream the shortening and margarine for about 30 seconds. Add the sugars, eggs, baking powder, baking soda, vanilla, water or milk, and cinnamon. Mix. Add 1 cup of flour. Mix. Add the remaining flour. Add the oats and raisins (if desired). Mix. Drop about a tablespoon of cookie dough onto a ungreased baking pan about 2 inches apart. Bake at 375 degrees F. for about minutes 10 to 12 minutes or until the bottoms are slightly brown. Cool on wire racks. Makes about 48 or more.

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HONESTY

Submitted by Natasha

Display for the Week: “And they were also distinguished for their zeal towards God, and also towards men; for they were perfectly honest and upright in all things; and they were firm in the faith of Christ, even unto the end.” Alma 27:27

Scripture: Alma 27:27

Suggested Songs:

“I Believe in Being Honest” (CS, page 149)

“Stand for the Right” (CS, page 159)

Opening Prayer:

Lesson:

Heavenly Father wants you to be honest and truthful at all times and in all places. Even when you have not done anything wrong, sometimes it is hard to defend what is true or right

TELL THE FOLLOWING STORY USING VISUAL AID (Friend Oct. '96):

As a young man just nineteen years old, Joseph F. Smith was traveling from California to Utah with a small group of Latter-day Saints. As they set up camp one evening, a group of drunken men rode into their camp on horseback. The men had guns, and they threatened to kill any Mormons who came across their path. Some of the Saints hid in the bushes by the creek. Joseph F. Smith, who had been gathering wood, boldly approached the fire. One of the drunken men, pointing his pistol at Joseph, said that it was his duty to kill every Mormon he met. He then demanded, “Are you a ‘Mormon’?”

Without a pause, Joseph F. Smith looked the ruffian in the eye and answered, “Yes, siree; dyed in the wool; true blue, through and through.” The angry man was so surprised by Joseph’s honest answer that he grabbed Joseph’s hand and said, “Well, you are the ... pleasantest man I ever met! Shake, young fellow. I am glad to see a man that stands up for his convictions.” The drunken men then rode off and did not bother the Saints again.

1. Activity

a. Step Toward Heaven Game

Read D & C 3:2 – following Jesus' steps toward heaven, that straight and narrow path that leads to eternal life. If we get off the path, we need to be honest and get back on, repent and STEP TOWARD HEAVEN.

Let's play!!

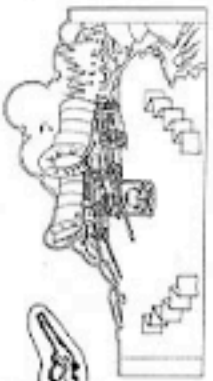
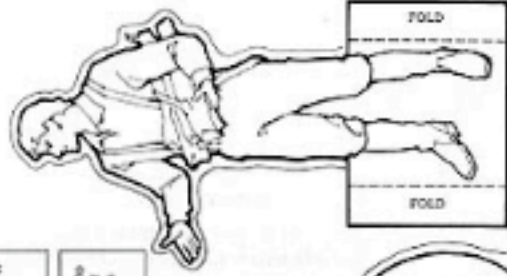
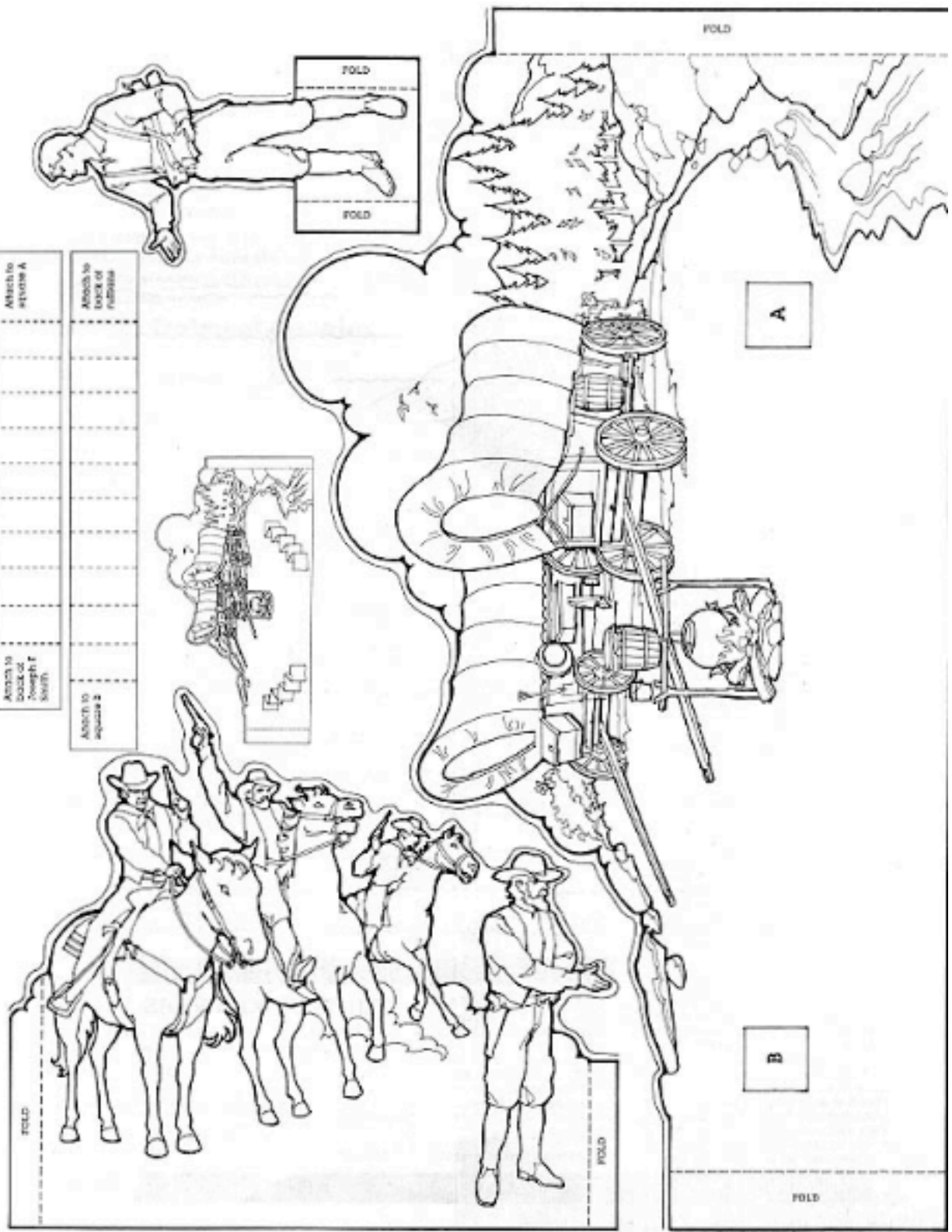
1. All family lines up on one side of the room – goal is other side (heaven)
1. Divide word strips among family members
2. Take turns reading word strips and stepping forward if it is an honest choice or backwards if it is a dishonest choice.
3. First one to heaven wins!

4. Closing Song – “Keep the Commandments” (CS, page 146)

<p>I was taking a test and went up to sharpen my pencil. I took the chance, and looked over at Rick's test paperhonest or dishonest?</p>	<p>I really like to visit my mom's sister. She is fun, and tells me she likes my visits. I let her know that I really enjoy visiting.....honest or dishonest?</p>
<p>I went to a friend's house for dinner. His mothers made us dinner, and I don't like brussel sprouts. Instead of saying I didn't want any, I ate them and almost threw up.honest or dishonest?</p>	<p>BONUS: My friend was talking bad about someone and I said I didn't agree.MOVE AHEAD TWO.</p>
<p>BONUS: I wasn't late.MOVE AHEAD ONE.</p>	<p>BONUS: I was honest all day!MOVE AHEAD THREE</p>
<p>My teacher at school does things that bug me. I am tempted to tell my friends about her. Instead, I try to work it out or talk to my parents.honest or dishonest?</p>	<p>Your parents are gone, and they said you had to be home from your friend's house at 10:00. You came home at 11:00.honest or dishonest?</p>
<p>I take my time each Sunday getting ready for church. I make my family late. They miss the sacrament in sacrament meeting.honest or dishonest?</p>	<p>I lost my Book or Mormon. My mom gave me some money and told me to go to the bookstore and buy me a new one. I went to the store and bought a video.....honest or dishonest?</p>
<p>In our town, Christmas trees are free if you cut your own. I saw the tree lot had plenty, so I took a free one.honest or dishonest?</p>	<p>When my parents are not at home, my friends want to watch movies that aren't good. I tell them that I don't want to and suggest movies I feel good about.....honest or dishonest?</p>
<p>The man at the store gave me some extra change. I figured it was his mistake and I left without saying anything.....honest or dishonest?</p>	<p>Dad asked me if I had read my scriptures. I said , "yes," when the answer was really no.honest or dishonest?</p>

<p>I went to the zoo today and bought some peanuts to feed the elephant. I received too much change, so I returned the money before feeding the elephant.....honest or dishonest?</p>	<p>At the jewelry store, I saw a woman put a necklace in her pocket. I looked the other way and soon left.honest or dishonest?</p>
<p>I didn't study like I should for the test today. I was tempted to look on John's paper, but I resisted.honest or dishonest?</p>	<p>I really like to watch movies, and I get bored with the same old shows, so I borrowed some from a friend without asking.....honest or dishonest?</p>
<p>My friend works at a department store. She gets an employee discount. She said I could buy with her discount anytime. Now I go to my friend and same money each ime I shop.honest or dishonest?</p>	<p>My friend likes to tell things that aren't true. I told her that it's not a good idea, but she still talks about others. I decided to walk away next time so I don't have to listen.honest or dishonest?</p>

Attach to back of Joseph F Smith	Attach to square 2	Attach to back of Joseph A	Attach to back of padding
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A

B

FOLD

FOLD

FOLD

FOLD

FOLD

FOLD

OTHER RESOURCES

We did this topic last year so check out the resources at:

<http://www.fastq.com/%7Ejbpratt/lds/resources/honesty.html>

There are lots of resources: songs, lessons, activities, and treats for all ages of children.

REFRESHMENTS

Submitted by Patti Page

Apple Brownies

2/3 cup soft margarine

1 3/4 cups brown sugar

2 eggs

1 teaspoon vanilla

2 cups flour

2 teaspoons baking powder

1/4 teaspoon salt

1/3 cup chopped walnuts

1 cup chopped, peeled apples

1/3 cup raisins

Powdered sugar

Cream margarine and brown sugar. Add eggs and beat until well mixed. Add vanilla and mix again. Add sifted dry ingredients and beat until mixture is smooth. Add apples, walnuts and raisins and stir gently with a strong spoon. Spread batter in a greased 9x13-inch pan and bake at 350 degrees for 30 to 35 minutes. Remove brownies from pan and roll each one in sifted powdered sugar.